

# IJOS

## Indian Journal of Orthopaedics Surgery

Volume - 7, Issue - 1, Year - 2021 ([www.ijos.co.in](http://www.ijos.co.in))

Indian Journal of Orthopaedics Surgery (IJOS) open access, peer-reviewed quarterly journal publishing since 2015 and is published under auspices of the Innovative Education and Scientific Research Foundation (IESRF), aim to uplift researchers, scholars, academicians, and professionals in all academic and scientific disciplines. IESRF is dedicated to the transfer of technology and research by publishing scientific journals, research content, providing professional's membership, and conducting conferences, seminars, and award programs.

With the aim of faster and more...

### Call for paper

We cordially invite faculty, researchers, and scholars to submission of your valuable contribution to our Upcoming issues. It is a double-blind, peer-review, and Open Access (OA) journal and accepts manuscripts as research papers, review articles, case reports, short communication, etc.

### Manuscript Submission Guidelines

To submit your manuscript, first-time users click the Register button from the submission portal. If you are already a registered user, log in as an author and post your manuscript for further peer-review process. Manuscripts submitted for consideration and inclusion in upcoming issues must follow <https://www.ijos.co.in/info/author> and be submitted by 2025-02-02.

Submit Manuscript

### Advertisement

The screenshot shows the homepage of the Manuscript Peer-Review Process (MPRP) website. The header includes the logo 'Manuscript Peer-Review Process' and contact information: 'Email: support@ijos.co.in, editor@ijos.co.in, admin@ijos.co.in' and 'Support: +91-11-6336414, 6336415 | 9950426146 | 88'. A navigation menu contains links for 'About MPRP', 'Journals', 'Support and Training', 'Contact Us', 'Track article status', 'Register', and 'Login'. The main content area features a section titled 'Manuscript Peer-Review Process' with a detailed description of the web-based portal's services, including 24/7 access, editorial services, and a user-friendly interface. An illustration shows a person at a desk with a laptop, surrounded by icons representing various aspects of the publication process. Below this, a section titled 'Why MPRP?' begins with the text 'If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your'.

**CONTENTS****Editor Desk:****From Editor Desk....***Jayant Sharma***Original Article:****Does functional outcome mandate fusion in spondylolisthesis management? A retrospective analysis of 76 cases with one year follow-up 1-8***Jambukeswaran P S T, Arun Kumar Somasundaram, Madhan Jeyaraman***A comparative study of instrumented vs non instrumented anterior cervical interbody fusion 9-16***Ajit Swamy, A Muhammed Anzar, Tushar Pisal, Keshav Digga***A prospective study of iatrogenic lateral wall fracture (ILWF) in intertrochanteric (IT) fracture femur patients, treated with dynamic hip screw (DHS) and its effect on stability of fracture 17-22***Abhishek Nair, Mukesh Phalak, Parth Yadav***Surgical outcome of tibial condyle fracture with MIPPO technique 23-30***Shivanand S, Anudeep N Naik, Radhakrishna A M***Tips and tricks in interlocking nailing in distal one third humerus shaft and segmental fractures of humerus 31-43***Shashikant B Ganjale***Morphological variations in proximal femoral nails in Indian scenario and its clinical application 44-48***Sumit Kumar, Ritabh Kumar, Pushkar Chawla***Simultaneous arthroscopic reconstruction of anterior cruciate ligament and posterior cruciate ligament: An outcome analysis 49-52***Sunil Shivanna, Dinesh K M***Outcomes of simultaneous anterior cruciate ligament and medial collateral ligament reconstruction 53-56***Sunil Shivanna, Aarthi Thiagarajan***Randomized controlled trial of functional outcome of periarthrosis of shoulder (Adhesive Capsulitis) in a group of 60 patients using intraarticular triamcinolone vs. intraarticular platelet rich plasma 57-61***Vinod Kumar A C, Poovaiah, Ravish V N***Functional outcome of distal tibia extra articular fractures treated by Joshi's External Stabilization System (JESS) 62-66***Rahul Kumar, Laxman Banodha, Rajeev Kelkar, Dev Krishna Sharma, Ankit**Thora, Swapnil Vaidya***Comparison of outcome between mini-open and arthroscopic rotator cuff repair 67-72***Kartik N Thakor, Prarthan C Amin, Zulfikar M Patel, Aman N Dalal,**Samarth N Patel*

**Assessment of the interventional outcome of non-traumatic avascular necrosis head of femur in young age group with core decompression with fibular bone grafting 73-82**

*Gopinath G, Mahendhira Varman. J, F Abdul Khader, T Sundararajan*

**Outcome of technique of total knee arthroplasty by independent total femoral first followed by tibial cuts as a measured resection based on anatomical landmarks along with scientific soft tissue balancing: A surgicoclinical study 83-90**

*Vivek A Patel, Vishal A Pushkarna, Vraj J Patel, Smit D Dave*

### **Case Report:**

---

**Case report of a Tillaux Chaput fracture in an adult having Becker muscular dystrophy with fracture of medial and posterior malleoli 91-94**

*Nikhilesh Das, Suman S Mishra*

# Advertisement

**Manuscript**  
Peer-Review Process

Email: support@innovativepublications.com  
editorialoffice@innovativepublications.com  
Support: +91-11-6336474, 6136416 | 9550436446 | 88

About MPRP Journals Support and Training Contact us Track article status Register Login

## Manuscript Peer-Review Process

Manuscript Peer-Review Process is a web-based portal that can be accessed 24\*7 under good internet connection. It is a set of editorial services that allows a user to run a journal efficiently. It includes journal pre-publication services, editorial workflow & post publication services. We provide a high level of flexibility, so you can select the services you need and integrate your existing workflow. It allows smooth flow of all publication functions of an editorial office on a single independent platform, no software installation is required, only requires Username, Password to login in different panels.

MPRP manages all the authors, reviewers, editors' details and its integration with the social and professional network. It is inhouse product of **Innovative Publication Pvt. Ltd.** which is managed and operated by Innovative Publication and currently running with around 50+ Journals.

### Why MPRP?

If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your

